

EXPERIENCING PRAYER CLASS DESCRIPTIONS

April 19th - May 24

5 classes each week, each class held 3 times
Final class is Prayer Walk/Drive for our community

April Lyon: Prayer Practice - Imaginative Prayer

Also known as Ignatian contemplation, Imaginative prayer is a way of engaging Scripture by using your senses and imagination to enter a Bible story, particularly the Gospels. By visualizing the setting, sounds, and emotions present, you interact with Jesus by imagining yourself as one of the individuals in the story. This way of praying can deepen your spiritual relationship and help you experience God personally.

David Larson: Praying with the Psalms

This session will focus on learning to use the Psalms as a guide for prayer.

Aaron Catlin: Immanuel Journaling (Scribere Divina - Divine Writing)

Immanuel journaling—sometimes called gratitude journaling or scribere divina—is a simple, reflective practice of writing with an awareness of God's presence. Rather than just recording thoughts or listing blessings, it invites you to slow down, notice where God has been at work in your day, respond to Him in writing and begin to notice how He in turn responds to you.

In this class, you'll learn how to quiet your mind, pay attention to moments of connection, and capture them on paper as a way of strengthening your relationship with God. The practice cultivates gratitude, deepens spiritual awareness, and helps you recognize His voice and activity in everyday life.

John Kelley: Confession-Truth Telling

Confession is more than saying "I have sinned". We will define how telling the truth in prayer, true confession, can grow our faith and we will explore what it means to pray in a way that allows us to tell God the truth about how we see Him, how we see ourselves, and how we see others. In learning to pray this way we will experience how we can cooperate with God's truth and align our perspectives with Him in a way that allows us to know Him more intimately, to live curiously, and to experience transformation in our lives.

Josh Keim: Listening Prayer

Practice prayer as a two way conversation as we learn to listen for God's voice during our prayer times.

Jessica Catlin: Hunting the Divine Fox Together

We're in the fields together. How can we meet Jesus in and through our relationships, while inviting the Spirit to lead? Are we hunting His holy friendship in prayer?

Melissa Wisner: "Every Moment Holy" - liturgies for daily life

We will walk through the using written prayers and liturgies to help shape our prayer life, giving words to our prayers that we sometimes don't have for ourselves. These prayers can also remind us that everything has sacred importance to God and He is present through all. Small groups will work through these pre-written liturgical prayers and scripture together during the class time.

Rob Roth: Intercession for Missionaries

Join fellow believers as we explore how we can more effectively pray for the fulfillment of the Great Commission. Emphasis will be placed on the needs of our mission partners and the persecuted church.