

LOSING YOUR VERTIGO

AND REGAINING YOUR
DIVINE EQUILIBRIUM



Signs of Equilibrium Pt. 2 - 1 John 4:17-5:5

Introduction:

Sometimes our lives get out of balance and become one long season of *vertigo*: spinning round and round with no balance or measure. What we need in such times is to regain our equilibrium. This is also true of us spiritually as well! 1 John is a short letter written by one of Jesus' closest friends to a cluster of churches who were experiencing spiritual vertigo – and John instructs them in how to get equilibrium back.

Sermon Notes:

READ Lev. 26:11-13

The Signs of Equilibrium (authentic Christianity): _____ & _____

READ 1 John 4:16

READ 1 John 4:17-19

Faith is built on trust; trust is founded on the belief that God is _____.

READ 1 John 4:20-5:5

Obedience is founded on the belief that God is _____ !

READ Hebrews 11:17-12:2

Faith & Obedience is God's formula for overcoming the world's trials

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Questions for Reflection:

The Christian life can be summed up as “trust and obey.” Agree disagree?

The foundation of faith is the belief that God is good. Agree or disagree?

John seems to suggest that faith and obedience can overcome all odds and obstacles (see also Heb. 11). Do you think that is too simplistic to work in the real world? Why or why not?

What are you trusting God for right now in your life? What is the “obedience” that He is calling you to?